

Wellness Session Booking Form

Spa treatments for your mind

Please email completed forms to: info@cup-o-t.co.uk

Name:	Date of Birth:
Address:	Email:
Postcode:	Telephone Number:
<u>If you are under the age of 16:</u>	
Name of parent / guardian:	
Contact number:	
Session I would like to book:	
<input type="checkbox"/> Personal Wellness Plan	<input type="checkbox"/> Who am I?
<input type="checkbox"/> Relaxation – Guided Imagery	<input type="checkbox"/> De-Stress Box
<input type="checkbox"/> Relaxation – Progressive Relaxation	<input type="checkbox"/> Workplace Kit
<input type="checkbox"/> Relaxation – Breathing Calm	<input type="checkbox"/> Tea To Go
<input type="checkbox"/> Sleep Boost	<input type="checkbox"/> Memories
Any other information you would like to add:	
Do you have a preference for appointment time?	
<input type="checkbox"/> Weekday	<input type="checkbox"/> Evening
<input type="checkbox"/> Weekend	
Where did you hear about Cup-O-T: Wellness and Therapy Services?	
The most important question... What do you like to drink?	
<input type="checkbox"/> Tea	<input type="checkbox"/> Coffee
<input type="checkbox"/> Fruit Juice	<input type="checkbox"/> Squash
<input type="checkbox"/> Water	

Privacy Statement:

Cup-O-T: Wellness and Therapy Services holds all records securely and ensures the utmost confidentiality in the treatment of any information held about its clients. No information will be disclosed without the client's written permission, except under certain rare legal circumstances (e.g. Child Protection). Catherine Gray and Cup-O-T: Wellness and Therapy Service subscribe to the Health Care Professions Council and Royal College of Occupational Therapists codes of conduct. Copies of these codes, as well as our own Practice Policy, are available on request. Catherine Gray is fully insured for professional liability and maintains regular supervision for all client work undertaken. We have an access to records policy and comply with the Data Protection Act 1988 and General Data Protection Regulations 2018.

HCPC Code of Conduct:

<https://www.hcpc-uk.org/aboutregistration/standards/standardsofconductperformanceandethics/>

Royal College of Occupational Therapists Code of Conduct:

<https://www.rcot.co.uk/practice-resources/rcot-publications/downloads/rcot-standards-and-ethics>

If you choose not to go ahead with Cup-O-T Wellness and Therapy Services then your details will be erased after 6 months of receiving this self-referral form.