

Volunteer Role Description

Ambassador



What will I be doing?

- Ambassadors raise awareness of Cup-O-T's work by attending events and encouraging others to get involved in fundraising activities.
- Help us reach new people
- Inspire new fundraising activity
- Thank our supporters for the work they are doing

Main duties:

- Attend networking professional and community events
- Network online including on social media platforms and LinkedIn
- Give presentations / talk about the work of Cup-O-T and the difference we are making
- Raise awareness of the challenges young people and families are facing with accessing mental health support
- Build our networks in the community
- Inspire people to support us through fundraising, commissioning and partnerships
- Represent the organisation in a professional and friendly manner

Safeguarding

- Adhere to safeguarding policy and procedures
- Report any safeguarding incidents or concerns to the Designated Safeguarding Lead
- Complete safeguarding training as required



Who we're looking for

- We actively encourage applications from people with lived experience of accessing mental health services
- Passionate about accessible mental health support
- Confident in public speaking
- Ability to inspire others
- Experience in professional relationship building and networking
- Ability to communicate our mission



Practical information

Where: Various locations throughout Norfolk and online

When: Flexible but aiming for 1 event a month as a minimum

Transport: Dependant on location of the event

Accessibility: If you have accessibility needs please contact us to discuss.



Contact information

Jemima Tash (Business Administrator) - Mon-Fri 8.30am-1.30pm
jemima.tash@cup-o-t.co.uk



Cup-O-T:
Wellness and Therapy Services.